



C.R.E.A.T.E!
Center for Expressive Arts,
Therapy and Education! is
the premium center in
New Hampshire for arts-
based therapy and mental
health counseling for all
ages. C.R.E.A.T.E!
received the 2010 NH
NAMI Award for Systems
Change.



**Center for Expressive Arts,
Therapy and Education**
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C.R.E.A.T.E!

presents

C.R.E.A.T.E! Community Choir



“Almost all children respond to music. Music is an open-sesame, and if you can use it carefully and appropriately, you can reach into that child’s potential for development” –Dr. Clive Robbins

CREATE Community Choir provides an opportunity for children ages 6-11 to discover themselves through musical expression. Led by music therapy intern, Sarah Young, CREATE Community Choir is a music therapy based choir designed to increase self-esteem and self-exploration. The choir will have scheduled performances, but the primary focus will be on the process of creating music as a community and enriching one's self as an individual.

Come join the choir!

Fridays 6:00-7:00pm

at C.R.E.A.T.E!

141 Union Street, Manchester

Led by MA Intern Sarah Young

This group is free for participants.

You can register by:

Signing up at C.R.E.A.T.E! front window

Emailing stevendurost@castlecreate.com

Calling C.R.E.A.T.E! @ 625-0010